

ALL CATEGORIES

VERMIN - THE MEAT OF THE FUTURE?!

50' (GER, ENG subs)

Nutrition by insects - trend or necessity?

Many vermin are deemed edible by many people of the world. For the daring traveller in Asia and some other countries, eating vermin is the new trend. Now many nutritionists believe vermin to be the solution for a high protein diet without the side effects of meat. In Chinese medicine, they are used to cure cancer and an insect farm has already opened up in the Netherlands. But is it really healthy to eat these critters from the underbelly of the earth? What do scientists have to say about vermin as the food of the future?

Original Title: Insekten, das Nahrungsmittel der Zukunft?!

Year: 2016

Produced by: DHF, Autentic

